



UNLEASHED

If she can, we can.

The
Hunger
Project.

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820 million people live in hunger globally - 60% of those people are women.

Together, we can change that. Join Unleashed - a powerful global movement to educate, train and empower women so they can end hunger and poverty for everyone, and enable their families and communities to flourish.

Get a group of colleagues together or encourage your customers and clients to support you. #unleashed

Join us now:

thp.org.au/unleashed

Front image: Johannes Odé

**She can support her family.
She can lead her village.
We can end hunger.**





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Maggie set her mind to learning to write her name at The Hunger Project's adult literacy class.



I started telling the other women all the things I was learning, and they came to class too. Eventually I mobilised all of them. Previously only 70% of women in my village were literate, now 98% can write their names!



Next, her vision was to send her own child to school. She achieved this, and in doing so discovered her real talent was educating others, which is why she became a teacher.

She now runs the primary school in the Mpigi community in Uganda, and teaches 79 children.

Maggie is shaping a different future for herself, her family and her community. **#unleashed**



Maggie, Uganda.

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Front image: Prue Aja



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Rukmani was oppressed and discriminated against for most of her life through no other reason than being born a woman into a system she now works to overcome. #unleashed



When I was first elected to local council, I turned up to meetings and was made to sit on the dirt floor instead of on a chair like everyone else - just for being a woman. I was humiliated.

With training from The Hunger Project, I was able to persist in fighting the discrimination against me so that I could get my job done.

Now, I am confident in my work, and I'm focused on supporting the most vulnerable women in my community, single mothers and pensioners.



Rukmani, India.

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Francois Dossou is 38 years old and married with 3 children. He had previously held the belief that women and girls should have no say in decision-making in the household or the community.

After taking part in The Hunger Project's Women's Empowerment training, he was able to shift his own mindset and now helps others shift theirs.

He is now a champion of women and girls' rights in his village.

As a local volunteer, Francois helps conduct training programs and workshops in the community in different women-related topics, as well as helping to run awareness workshops in schools on the dangers of early pregnancies in young girls. Francois also acts as a mediator in conflict management between young girls and their parents – ensuring that girls' voices are heard. **#unleashed**



Francois, Benin.

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